



PORTMAN COMMUNITY RECREATION CENTER

4601 MCCULLOCH ST, DULUTH MN 55804



Theresa Mellinger - City of Duluth Senior Center Coord.
AEOA

February 2015

(218) 390-9429
(218) 727-4321

SUNDAY	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
	1	Goulash & Fruit 8:30 UCare Exercise 12:00 Sr. Mtg 12:30 Bingo 12:30 Bridge	2	Roast Beef Dinner Strawberry Fluff	3	Ham & Mac Pasta Salad, Peaches & Cream Bar	4	Chili & Fruit	5	Fruit Glazed Chicken / rice Fresh Fruit	6	
	8	Cheeseburger Fresh Fruit 8:30 UCare Exercise 12:00 Bingo 12:00 Bridge	9	Hashbrown Egg Bake Cinnanon Roll	10	Roast Pork Dinner Fruit 8:30 UCare Exercise 9:30 Men's Coffee meeting	11	Honey Glazed Meatballs Valentine's Cake	12	Ham Dinner Or ALT Fruit 8:30 UCare Exercise 12:30 Valentine's Bingo Party	13	
	15	Chicken Cacciatore Fruit 8:30 UCare Exercise 12:00 Bingo 12:00 Bridge	16	Boiled Dinner Or ALT Lemon Bar	17	Fish Sandwich Fresh Fruit 8:30 UCare Exercise 9:30 Men's Coffee meeting	18	Harvest Stew Fresh Fruit	19	Chinese Food 8:30 UCare Exercise 11:00 Chinese New Year Party & Food - \$ 4.00 per person. Call 218-730-4310 to register	20	
	22	Pork Chow Mein Fresh Fruit 8:30 UCare Exercise 12:00 Bingo 12:00 Bridge	23	Impossible Taco Pie Fruit	24	Meatloaf Dinner Applesauce Crisp 8:30 UCare Exercise 9:30 Men's Coffee meeting	25	Roast Turkey Dinner Fruit 1-5 PM AARP Refresher Class call 218-730-4319 to register	26	Polish & Saurkraut or ALT Fresh Fruit 8:30 UCare Exercise 12:00 Bingo	27	
	1		2		3		4		5		6	